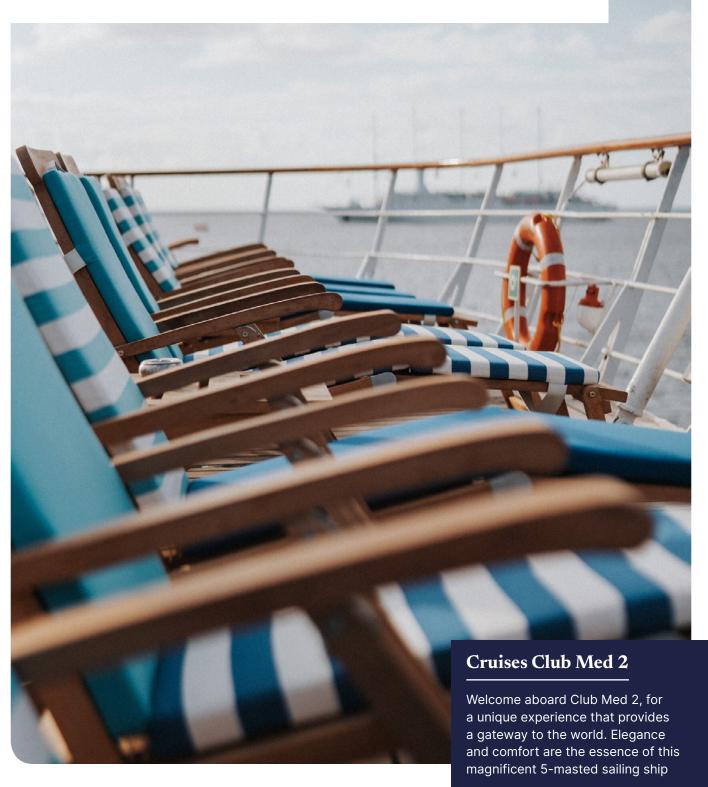




Atlantic / **Dakar to Cayenne**From 11/19/2025 to 12/03/2025 - 15 days / 14 nights







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### Your cruise

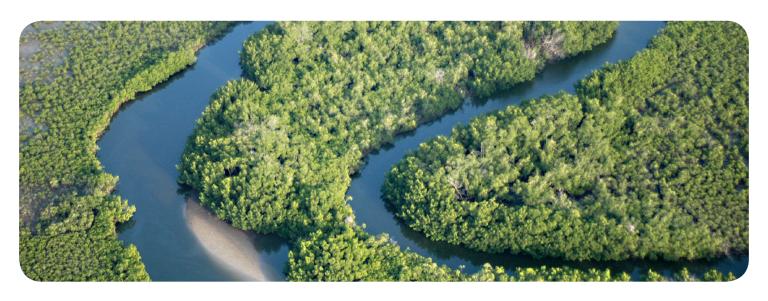
Stages	Arrival	Departure	Nautical Hall
Dakar			Closed
Dakar		18:00	Closed
Banjul	06:00	18:00	Closed
Sailing on the open sea			Closed
Praia	08:00	18:00	Closed
Sailing on the open sea			Closed
Sailing on the open sea			Closed
Sailing on the open sea			Closed
Sailing on the open sea			Closed
Sailing on the open sea			Closed
Sailing on the open sea			Closed
Sailing on the open sea			Closed
Sailing on the open sea			Closed
Salvation's Islands	06:00	18:00	Closed
Cayenne	06:00		Closed
	Dakar  Dakar  Banjul  Sailing on the open sea  Praia  Sailing on the open sea  Sailing on the open sea	Dakar  Dakar  Banjul 06:00  Sailing on the open sea  Praia 08:00  Sailing on the open sea  Sailing on the open sea	Dakar  Dakar  Dakar  18:00  Banjul  06:00  18:00  Sailing on the open sea  Praia  08:00  Sailing on the open sea  Sailing on the open sea

Day 1: Boarding from 16h to 22h Day 15: Landing from 9h to 11h





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# Itinerary of your cruise

Day 1 - Wednesday DAKAR	The most westerly point on the African continent, Dakar is now a dynamic city with a wide range of neighbourhoods, modern architecture, authentic open-air markets and a rich natural environment. Boats docked in the industrial port zone of the city's autonomous port, no water sports, closed nautical hall. Stopover for embarkation and disembarkation.
Day 2 - Thursday DAKAR	Capital of Senegal and cultural and artistic centre of the country, this former colonial trading post offers the unique experience of a bewitching city where you should take a stroll through its traditional district, its sandy alleys teeming with people and its colourful markets. Boat docked, no water sports.
Day 3 - Friday BANJUL	The capital of the smallest country in West Africa is nestled on Sainte-Marie Island, located at the mouth of the Gambia River. Its colonial buildings, its national museum dedicated to the culture and history of the country and its colourful fabric market exudes a village atmosphere. Boat docked, dive locker closed, stopover without beach.
Day 4 - Saturday SAILING ON THE OPEN SEA	A restorative day at sea. Choose from the range of inviting possibilities on our remarkable sailing ship. Lounge on chaise longues, cool off in one of our two swimming pools, work out with a sea view in our Espace Fitness, find instant calm at the spa and enjoy the attentive company of our G.O® team and crew members.
Day 5 - Sunday PRAIA	With an African origin and European soul, the capital of the Cape Verde archipelago, located on the island of Santiago, is divided into small neighbourhoods that are pleasant to walk around. The charming alleys lead to the Plateau (colonial city centre) which includes Albuquerque Square, the Old Town Hall and the Presidential Palace. Ship docked, no water sports.
Day 6 - Monday SAILING ON THE OPEN SEA	A restorative day at sea and hoose from the range of inviting possibilities on our remarkable sailing ship.
Day 7 - Tuesday SAILING ON THE OPEN SEA	A restorative day at sea and hoose from the range of inviting possibilities on our remarkable sailing ship.
Day 8 - Wednesday SAILING ON THE OPEN SEA	A restorative day at sea and hoose from the range of inviting possibilities on our remarkable sailing ship.
Day 9 - Thursday SAILING ON THE OPEN SEA	A restorative day at sea and hoose from the range of inviting possibilities on our remarkable sailing ship.
Day 10 - Friday SAILING ON THE OPEN SEA	A restorative day at sea and hoose from the range of inviting possibilities on our remarkable sailing ship.
Day 11 - Saturday SAILING ON THE OPEN SEA	A restorative day at sea and hoose from the range of inviting possibilities on our remarkable sailing ship.
Day 12 - Sunday SAILING ON THE OPEN SEA	A restorative day at sea and hoose from the range of inviting possibilities on our remarkable sailing ship.
Day 13 - Monday SAILING ON THE OPEN SEA	A restorative day at sea and hoose from the range of inviting possibilities on our remarkable sailing ship.
Day 14 - Tuesday SALVATION'S ISLANDS	Nature is reasserting itself and covering the traces of the archipelago's notorious past as a brutal penal colony, with lush tropical vegetation. Now timeless and redeemed, the three little islands studded with coconut palms have a more heavenly feel. Boat at anchor, dive locker closed, no direct access to the beach.
Day 15 - Wednesday CAYENNE	Around the palmists place, a favourite place for strolling, the remains of the island's colonial past are what makes Cayenne (capital of French Guiana) so charming. The market is bursting with colourful produce, reflecting the colours of the Creole houses. Boat docked in the industrial port area, 14 km from the centre of Cayenne, no water sports. Boarding and disembarkation port of call.





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### **Excursions of your cruise**

Day 2 - Thursday
DAKAR / TOUR
PANORAMIQUE ET
MARCHÉ*

Start with a panoramic bus tour of Dakar to discover its Independence Square, its presidential palace, the National Assembly, its cathedral, its large cornice. Your French-speaking guide will take you on a tour of the Mamelles lighthouse and its museum, as well as the African renaissance monument and will finish with the Soumbédioune craft market. .

#### Day 2 - Thursday DAKAR / GORÉE ISLAND (1/2 day)\*

Follow the history of Africa's painful past by visiting Gorée, a small island off Dakar that was the largest slave trade centre on the African coast between the 15th and 19th centuries. Visit the House of Slaves and delve into this terrible past. You will learn about the conditions of detention, sale and transport of slaves during this emotional and memorable visit. Gorée is therefore listed as a UNESCO World Heritage Site for the exceptional witness it bears to the slave trade.

#### Day 2 - Thursday DAKAR/BEST OF DAKAR (1dav)\*

Start with a panoramic bus tour of Dakar to discover its Independence Square, its presidential palace, the National Assembly, its cathedral, its large cornice. Your French-speaking guide will take you on a tour of the Mamelles lighthouse and its museum, as well as the African renaissance monument and will finish with the Soumbédioune craft market. After your lunch at the Terrou Bi hotel, you continue towards Dakar station, the grand theater and finish with a visit to the Museum of Negro Arts.

#### Day 2 - Thursday DAKAR/RESERVE DE BANDIA\*

The Bandia private reserve constitutes a small jewel of ecological success through the surprising regeneration of its flora and the reintroduction of large African mammals, sometimes extinct for centuries, due to demographic pressure and poaching.

Reduction, from the Tanzanian Ngorongoro or the Kenyan Masai Mara, the Bandia reserve invites you to pleasant photographic safaris. It puts the mythical African fauna within everyone's reach. Indeed, in its 3,500 ha, we surprise with a pang in the heart, the hordes of large antelopes and gazelles in a grandiose environment of giant baobabs, thorny bushes and capricious lianas. Bus journey of approximately one hour to reach the Reserve and photographic safari aboard local all-terrain vehicles.

#### Day 3 - Friday BANJUL/BANJUL HIGHLIGHTS\*

After a historical overview of The Gambia at the Banjul National Museum, you will visit the Albert Market to appreciate all the scents and colours that Africa has to offer. You'll also head to Serrakunda, a craft centre where you can observe the technique of batik or have the chance to buy souvenirs, woodcarvings or jewellery before finishing your visit at Katchikally Crocodile Farm.

#### Day 3 - Friday BANJUL/LANDSCAPES AND RELAXATION ON THE GAMBIA RIVER(1 day)\*

Enjoy this relaxing day aboard a boat on the tributaries of the Gambia River.

As you drift along the sheltered meanders, you'll be able to discover the life of the villagers and their livelihood involving fishing and collecting Bolong oysters. You can admire the lush scenery of green mangrove and the many birds that nest there. You'll end the day with a delicious picnic after a refreshing swim in the Gambia River.

This Outing is on a local boat with two decks: a sun deck and a shaded lower cabin without air conditioning, equipped with a toilet.

Day 3 - Friday BANJUL/NATURE DAY IN THE MAKASUTU FOREST (1 day)\*

Explore the Makasutu Reserve, located on a quiet tributary of the Gambia River, and discover its countless ecosystems made up of mangroves,

See the sights the park and keep an eye out for green monkeys, bay colobus monkeys and guinea baboons. Spot the many birds such as Goliath herons, rollers or eagles and explore the mangroves by canoe. Local lunch will be offered to you within the private reserve, and free time will allow you to refresh yourself in the lodge's swimming pool.

Day 5 - Sunday PRAIA / CIDADE VELHA

Travel by bus for a historical tour of Cidade Velha, a UNESCO World Heritage site.

20 minutes from the current capital, it was the first city built by the Portuguese in Africa. You can marvel at the historical remains and the preserved architecture, typical of the 18th century, including the old cathedral and the slave market, with its pillory. You will also visit the São Filipe Fort, protecting the city from pirate attacks.

Day 5 - Sunday PRAIA/ENCHANTING LANDSCAPES OF SANTIAGO (1 day)\*

(1/2 day)3

Enjoy an unforgettable trip to the north of the island to discover the unique landscapes of Santiago Island. You will pass, among other things, the Pic d'Antónia, the highest point on the island, and visit the traditional Assomada market, before heading to the Serra Malagueta Natural Park and its eucalyptus and acacia forest. You will finally visit Tarrafal and its incredible bay surrounded by palm trees, considered one of the most beautiful beaches in the country. Lunch by the sea and free time to dive into the turquoise water before returning to Praia.

Day 14 - Tuesday ILES DU SALUT PAPILLON ISLAND: A JOURNEY TO THE HEART OF HISTORY AND NATURE (2 hours)\* During his visit in 1932, Albert Londres famously remarked, "Here, they've put hell in paradise." While hell is now but a memory, the remnants of the past still stand as a testament to the island's unique history. Today, nature has reclaimed its space, transforming what was once a place of suffering into a true haven of peace. This enchanting site now offers a visual feast and a perfect spot for relaxation.

Accompanied by your guide, delve into the history of the penal colony as you explore its well-preserved ruins. Along the way, you'll also encounter a rich array of local wildlife, with each corner of the island offering surprises. A unique experience blending historical discovery and immersion in unspoiled nature.

Day 15 - Wednesday CAYENNE / GABRIEL'S COVE IN PYROGUE\*

Take a pirogue up the Mahury River to Gabriel Creek, an area of dense vegetation (orchids, bromeliads, palms) that sometimes forms a veritable tunnel in the heart of the Amazon. This is an opportunity to discover more about the river used by the Amerindians, and the creek once used by slaves. In this historic immersion in the Amazonian environment, you may be surprised by the legendary Morphos butterflies with their phosphorescent blue wings, as well as other specimens of the local fauna.

Day 15 - Wednesday CAYENNE / BOTANICAL GARDEN\*

Immerse yourself in a unique experience at the Jardin Botanique de Guyane, nicknamed the "House of Vanilla". Explore this 3-hectare exotic paradise of orchids, fruit trees and heliconias. Be enchanted by the scent of rainforest flowers and aromatics, and connect with Amazonian flora. Relax on this 2-hour tour and, for total immersion in the magic of the Amazon. Garden open Wednesday to Saturday. 1/2h by bus. French Guide.

Day 15 - Wednesday CAYENNE / MUSÉUM & MARKET'

The Cayenne market is a real melting pot cultural in Guyana, where different ethnic groups meet. Departure at 8:30 a.m. from Dégrad des Cannes by bus, stop at Franconia Museum for a guided tour, then exploration of the market. Free cane juice tasting, followed by a local soup and fresh juice premises in an air-conditioned restaurant opposite the market.

Return to the port of Dégrad des Cannes at 12 p.m. by bus afterwards this enriching experience. French Guide.

<sup>\*</sup> Excursion available at a preferential rate when booking your cruise. Subject to a minimum number of participants.





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Day 15 - Wednesday CAYENNE / NATIVE AMERICAN IMMERSION AND BOTANICAL ESCAPE\*

Immerse yourself in Native American culture with authentic encounters and explore the richness of the local flora through a guided tour of its magnificent botanical garden. An unforgettable adventure for culture and nature enthusiasts, combining tradition and discovery.

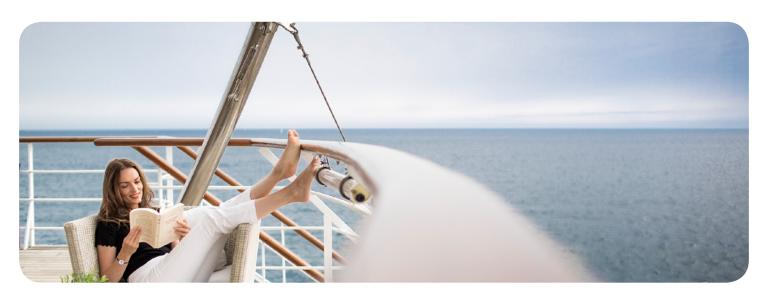
Day 15 - Wednesday CAYENNE / KOUROU SPACE CENTER (1/2 day)\* The Guiana Space Centre (CSG) is a French and European spaceport near Kourou in French Guiana, that became operational in 1973. During your tour, you will take a 2-hour journey through the space centre's oversize installations and infrastructures. This will allow you to explore the launch sites and the different areas of the space centre. Prior registration compulsory to enable issuing of passes (4 working days). This excursion involves a 2-hour drive.

 $<sup>\</sup>hbox{* Excursion available at a preferential rate when booking your cruise. Subject to a minimum number of participants.}$ 





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### **Formalities**

#### **HEALTH FORMALITIES**

Recommended vaccinations: diphtheria, polio, tetanus, hepatitis A and B and typhoid. Some parasitic or viral diseases may be carried by mosquitoes during certain stopovers. Vaccination against yellow fever is essential, even if there is no administrative obligation to do so (at an approved center). Malaria risk: prophylactic treatment is recommended, and a doctor must be consulted for prescriptions. The use of skin and clothing repellents is recommended. Pregnant women, who do not require constant medical attention, may come on board on presentation of a medical certificate stating their due date and certifying that their pregnancy is compatible with the cruise. The cruise must end before the end of the 26th week of pregnancy. Nurse and doctor on board.

## Meeting place for boarding

Port Autonome de Dakar : 21, Bd de la Libération 3195 Dakar/Sénégal





