

Cultural Cruise

Atlantic / Las Palmas to Las Palmas From 11/01/2025 to 11/08/2025 - 8 days / 7 nights







◆ From 11/01/2025 to 11/08/2025 - 8 days / 7 nights





#### Your cruise

Days	Stages	Arrival	Departure	Nautical Hall
1 - Saturday	Las Palmas		20:00	Closed
2 - Sunday	Tenerife	08:00	18:00	Closed
3 - Monday	Fuerteventura	08:00	18:00	Closed
4 - Tuesday	Lanzarote	08:00	14:00	Closed
5 - Wednesday	La Gomera	08:00	18:00	Closed
6 - Thursday	El Hiero	08:00	18:00	Closed
7 - Friday	La Palma	08:00	18:00	Closed
8 - Saturday	Las Palmas	07:00		Closed

Day 1: Boarding from 16h to 18h Day 8: Landing from 9h to 11h









◆ From 11/01/2025 to 11/08/2025 - 8 days / 7 nights



#### Itinerary of your cruise

Day 1 - Saturday LAS PALMAS	The historic centre with its cobbled streets, the many lively neighbourhoods and the long beach of fine sand make the biggest city in the Canary Islands an unmissable stopover. Ship docked, no water sports. Boarding and disembarkation port of call.		
Day 2 - Sunday TENERIFE	The archipelago's largest island, dominated by Teide, a dormant volcano and Spain's highest peak, offers the perfect blend of tranquillity and outd adventure. On your return from a walk through these volcanic lands, you can enjoy the mild local climate while tasting fresh fish and local fruit in the port of Santa Cruz. Boats alongside the quay, no water sports.		
Day 3 - Monday FUERTEVENTURA	Considered the most African of the Canary Islands due to its proximity to the mainland, it is best known for its white sandy beaches bathed in turquoise water, its volcanic landscapes and its vast stretches of desert. Boats alongside, no water sports.		
Day 4 - Tuesday LANZAROTE	Lanzarote's capital takes its name from the word for reef. The volcanic island is full of surprises, with green crops springing up from the black, cinde ground. Ship docked, no water sports.		
Day 5 - Wednesday LA GOMERA	Preserved from mass tourism, this small island that was once used as a stopover by explorers on their way to the New World is captivating thank its lush vegetation and relief. Its legendary primary forest, landscapes, ravines and black sand beaches make it a unique island. Boats alongside to quay, no water sports.		
Day 6 - Thursday EL HIERO	A veritable paradise in the middle of the Atlantic, the beauty of the smallest of the seven Canary Islands lies in the richness of its abundant, gree relatively unspoilt natural environment. Ship docked, no water sports.		
Day 7 - Friday LA PALMA	With a volcanic landscape as its backdrop, the island, with its rocky landscapes covered in forests of prehistoric vegetation, is a veritable little of paradise. Its capital, Santa Cruz de la Palma, which has been declared a Site of Cultural Interest in its entirety, boasts narrow cobbled street houses with wooden balconies. Ship docked, no water sports.		
Day 8 - Saturday LAS PALMAS	The historic centre with its cobbled streets, the many lively neighbourhoods and the long beach of fine sand make the biggest city in the Canary Islan unmissable stopover. Ship docked, no water sports. Boarding and disembarkation port of call.		





◆ From 11/01/2025 to 11/08/2025 - 8 days / 7 nights





# Excursions of your cruise

Day 2 - Sunday TENERIFE / LANDSAPES AND HERITAGE OF TENERIFE\* This historic tour of the island will take you to La Orotava, one of the oldest towns in the Canary Islands - founded in the early 16th century after the Spanish conquest - which retains a rich architectural heritage.

You will then head for Icod de los Vinos in north-eastern Tenerife, where you can see the Ancient Dragon Tree (Dracaena draco), which was declared a national monument in 1917 and is thought to be over 800 years old.

Lastly, you will visit the village of Garachico on Tennerife's northern coast. As a port on an island at the crossroads of Europe and the New World, three

Lastly, you will visit the village of Garachico on Tennerife's northern coast. As a port on an island at the crossroads of Europe and the New World, thre hundred years ago, it was such a wealthy place that one of its streets was paved with marble. You can explore its ancient convents, monasteries and other historical colonial buildings.

The tour of the island will come to a pleasant end with a glass of wine and some local cheese.

Day 3 - Monday PUERTO DEL ROSARIO / BETANCURIA\* Set off to discover Betancuria, the historic former capital of Fuerteventura. Accompanied by your French-speaking guide, explore this picturesque village with its rich colonial past, nestled in a stunning natural setting. You'll visit the Betancuria Museum and the Cheese Museum, two must-see sites that offer a deep dive into the island's history and traditions. An authentic cultural getaway, where heritage, flavors, and nature come together.

Day 3 - Monday PUERTO DEL ROSARIO / FUERTEVENTURA ROOTS: A JOURNEY THROUGH NATURE & TASTE\*

Enjoy an unforgettable experience in the heart of Fuerteventura at an authentic ecological farm. Discover organic olive trees, aloe vera, and fruit crops in a stunning protected natural setting. Take part in an interactive workshop and create your own aloe vera products. Taste exceptional local olive oil and explore a traditional old olive press. Relax in the garden with delicious local snacks. A unique getaway blending nature, tradition, and sensory delight!

Day 4 - Tuesday ARRECIFE / THE FIRE MOUNTAIN (1/2 day)\* Set off to discover the Fire Mountains in the breathtaking Timanfaya National Park. Accompanied by your French-speaking guide, explore the striking volcanic landscapes of Lanzarote, shaped by centuries of eruptions. At the end of your journey, enjoy a typical local aperitif in the authentic setting of the Monumento al Campesino. An unforgettable experience blending natural wonders and local traditions.

Day 4 - Tuesday ARRECIFE/CESAR MANRIQUE: HÉRITAGE ARCHITECTURAL DE LANZAROTE\* Come and discover the architectural heritage of César Manrique, the brilliant architect who decided to turn his native island into one of the most beautiful places in the world.

His different architectural projects all have the main characteristic of the inclusion of rocks, stones and lava flows, resulting in living spaces in harmony with the island's mineral environment.

You will also be able to explore the amazing "jameos del Aqua" with its tunnels and panoramic terraces, as well as his foundation constructed on a lava flow where the architect's house was built.

Day 5 - Wednesday GOMERA/SAN SEBASTIÁN DE LA GOMERA\*

Set off to discover San Sebastián de La Gomera, the charming island capital with a rich historical heritage. Accompanied by your French-speaking guide, stroll through its picturesque streets, admire its landmark monuments, and take in the beauty of the surrounding landscapes. This excursion is the perfect way to experience the authenticity and unspoiled charm of La Gomera.

Day 6 - Thursday EL HIERO / VALVERDE \* Set off to discover Valverde, the peaceful and charming hilltop capital of El Hierro. Accompanied by your French-speaking guide, stroll through its quaint streets, visit its iconic church, and take in breathtaking views of the ocean and surrounding landscapes. This authentic excursion is perfect for soaking up the quiet charm and gentle pace of life that define this unspoiled Canary Island.

Day 7 - Friday SANTA CRUZ DE LA PALMA / VISITE DE LA VILLE DE SANTA CRUZ

Discover the charming city of Santa Cruz on the beautiful island of La Palma. Stroll through colorful streets, admire traditional flower-filled balconies, and explore the rich colonial history of the Canary Islands. Enjoy stunning ocean views and soak up the authentic atmosphere of the town. This tour blends culture, architecture, and laid-back island life. A perfect excursion for history lovers and fans of picturesque scenery.

Day 8 - Saturday LAS PALMAS : GRAN CANARIES LANDSCAPES (1/2 day)\* Your tour to the interior of Gran Canaria will take you first to visit the village of Agüimes; an old domain with pastel colours and pedestrian streets dotted with sculptures.

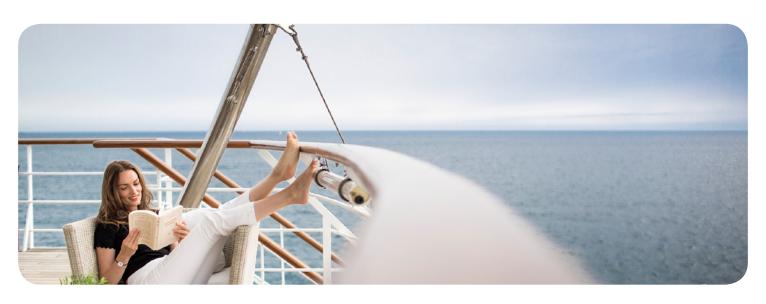
You will then go to the natural park of Guayadeque. This 15-km stretch of winding ravine is fascinating with its wild landscape and verdant slopes covered with native vegetation. You will encounter the many natural caves, formerly used by the islanders as dwelling or burial places. This tour will end with an opportunity to taste the local cheese and wine.

<sup>\*</sup> Excursion available at a preferential rate when booking your cruise. Subject to a minimum number of participants.





◆ From 11/01/2025 to 11/08/2025 - 8 days / 7 nights



#### **Formalities**

#### **HEALTH FORMALITIES**

Recommended vaccinations: diphtheria, polio, tetanus, hepatitis A and B and typhoid. Pregnant women who do not need constant medical supervision may come aboard, upon presentation of a medical certificate showing their due date and certifying that their pregnancy is compatible with the cruise. The final day of the cruise must be before the end of the 26th week of pregnancy. A doctor and a nurse are present on board.

# Meeting place for boarding

Port of Las Palmas : Muelle de Transbordadores, Las Palmas





