

DAILY PROGRAM SCHEDULE



MORNING SCHEDULE

- 8:00 AM** • Detox Drink
 - 2 Super Green supplements
 - Breathing (live session)
- 8:30 AM** • Yoga (live session)
- 9:30 AM** • Meditation (live session)
- 10:00 AM** • Juice Of Choice
 - 2 Intestinal Cleanse supplements
- 10:30 AM** • 2 Super Green Supplements
- 11:00 AM** • Detox Drink
 - Optional Therapy session (depending on your program)



AFTERNOON SCHEDULE

- 12:00 PM** • Tea of Choice
 - Group Talks
- 1:00 PM** • Juice Of Choice
 - 2 Super Green supplements
 - 2 Intestinal Cleanse supplements
- 3:00 PM** • Juice Of Choice
 - 2 Super Green supplements



EVENING SCHEDULE

- 6:00 PM** • Yoga (live session)
 - 2 Super Green supplements
- 6:30 PM** • Meditation (live session)
 - 2 Intestinal Cleanse supplements
- 7:30 PM** • Guided Walk (optional during the program)
 - Detox Soup
- 8:30 PM** • Detox Drink
- 9:30 PM** • Probiotics
- 10:00 PM** • Enema (optional)

Juice Detox Programs Inclusions	5 Days	7 Days	14 Days	1 Extra Day
Accommodation	4 Nights	6 Nights	13 Nights	-
Wellness Consultation	2	2	2	0
Body composition Analysis	2	2	2	-
Yoga Session	2 Daily	2 Daily	2 Daily	2
Meditation Session	2 Daily	2 Daily	2 Daily	2
Breathing Class	1 Daily	1 Daily	1 Daily	1
Juice Detox	3 Daily	3 Daily	3 Daily	3 Daily
Fresh Juice	3 Daily	3 Daily	3 Daily	3 Daily
Detox Soup	1 Daily	1 Daily	1 Daily	1 Daily
A full program of organic natural food supplements, intestinal cleanser and pro-biotic healthy bacteria replacement	Daily	Daily	Daily	Daily
Optional Enema	1 Daily	1 Daily	1 Daily	1
Optional Guided walks	1 Daily	1 Daily	1 Daily	1
Massage Therapy	1	2	4	0
Reiki Healing	1	1	2	0
Steam Room/Stay Fit Gym Access	Daily	Daily	Daily	Daily
Dance Therapy or Pilates	1 Optional	1 Optional	1 Optional	0
Price for 1 person	\$2,000	\$3,000	\$6,000	\$500
Price for 2 people sharing a double room	\$3,000	\$4,500	\$9,000	\$750